

## E872 ELLIPTICAL

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E872 shown with optional CardioActive™ Entertainment Station

PROGRAMS	ADVANCED FEATURES
Manual/Track	Dual-action total body motion
Interval (x3)	Shift on-the-fly fingertip controls
Fat Burn	MyFlex™ cushioning system
Random	ActivZone™
Plateau	Optional iPod® compatibility
Vari-Stride™	CSAFE/FIT LINX
Cardio & Weight Loss HRC	USB Port
Custom HRC	MAX USER WEIGHT
FEEDBACK	500 lbs.
MyGoal™	WEIGHT
Distance	333 lbs.
Heart Rate (Actual & Target)	DIMENSIONS (LxWxH)
Time	86" x 28" x 68"
Strides/Minute	PERFORMANCE FEATURES
Total Strides	20 levels of resistance
Speed	Self-generating
WATTS	HEART RATE TOOLS
METS	CardioAdvisor™
Workout Level	Custom HR
Calories	Telemetry Heart Rate
Calories per hour	Contact Heart Rate
DISPLAY	
Dot matrix with LEDs	
ActivZone™ Icon	
Integrated 3-speed fan	
STRIDE LENGTH	
17" - 29" electronically adjustable	

## KEY FEATURES

Dual-action motion provides a total body workout

Industry-leading 17"-29" electronically adjustable stride conforms to the user for superior comfort and versatility

Vari-Stride™ programs change stride length to maintain target heart rate, for greater calorie burn, working multiple muscle groups in one session

Shift-on-the-fly fingertip controls offer 20 levels of resistance and the widest stride range in the industry

MyFlex™ pedal cushioning system provides a comfortable workout platform

Self-generating – no outside power source required

Options include: entertainment screen bracket, iPod® connectivity and CardioActive™ Entertainment Station



The E872 features an easy-to-operate dot matrix display with bright LED readouts. A numeric keypad makes entering workout data simple.

